

Questions about BPH:

- What is the prostate gland?
- What causes BPH?
- Is BPH common?
- Will symptoms improve or get worse over time?
- What's the difference between BPH and prostate cancer? Does having BPH put me more at risk for prostate cancer?
- Can lifestyle factors such as food, exercise, and stress play a role in BPH?

Questions about BPH treatments:

- How do you typically treat BPH? What are the risks and benefits of each of these treatments?
- What are surgical and less invasive options for treating BPH? What are the advantages and disadvantages of each of these treatments?
- If I don't want surgery, what alternatives are available?
- What are the advantages and disadvantages to watching and waiting?
- What medications are available to treat BPH and am I a candidate for medical therapy? Why or why not? What are the benefits and risks of medical therapy? Side effects?
- Have all the necessary diagnostic tests been performed? Why or why not?
 - Digital rectal exam (DRE)?
 - Urine test (urinalysis)?
 - Prostate-specific antigen (PSA) blood test?
 - Post-void residual (PVR) test?
 - Uroflowmetry to measure how fast urine flows?
 - Cystoscopy to look inside the urethra or bladder?
 - Urodynamic pressure to test the pressure in the bladder when urinating?
 - Ultrasound of the prostate?

Questions about more invasive surgical options:

- Do I need to have surgery? Will only part of my prostate be removed? If so, why?
- Is there a particular surgery that would be better for my situation?
- What are the risks associated with surgery?
- What are the risks associated with postponing surgery?
- Will I experience erectile dysfunction (ED) after surgery? Can the symptoms of ED be treated?
- What are the risks and benefits of treatment(s) for ED?
- What are the limitations of surgery?
- Will surgery cure BPH?

Questions about PAE:

- Do you refer patients for PAE? If not, why?
- How many patients have you referred for PAE and how many have chosen PAE to treat BPH?
- Will you refer me to an Interventional Radiologist for a consultation?

Questions for your Interventional Radiologist (IR) about PAE:

- How would you coordinate my care with my urologist?
- How often is the procedure successful in treating BPH?
- Are your patients happy with the procedure?
- How often do complications occur? What are typical complications?
- How will I feel during and after the PAE procedure?
- What is the length of the procedure? What is the normal recovery time?
- How long should I expect to stay in the hospital?
- How long should I expect to be away from work?
- How long before I can resume having sex?
- Will I still be able to get an erection after PAE? Will ejaculation be any different?
- Will my insurance cover PAE?
- What kind of follow-up care is typical and who manages it?
- What typically happens to the prostate after the blood supply is reduced?
- Will my urinary symptoms ever return?
- Am I a candidate for PAE?

About Ask4PAE

Ask4PAE is a program established to educate men about benign prostatic hyperplasia (BPH) and prostatic artery embolization. As a minimally invasive alternative to a surgery, PAE blocks the blood vessels feeding the prostate. With its blood flow reduced, the prostate reduces and symptoms improve. Embosphere® Microspheres are the first and only embolic to be cleared for prostatic artery embolization (PAE) by the FDA.

Merit Medical's Embosphere PRO™ kit brings convenience to the power and predictability of Embosphere® Microspheres, the most extensively studied spherical embolic agent worldwide. Please consult the product labels and inserts for any indications, contraindications, potential complications, warnings, precautions and directions for use. To learn more about PAE, visit ask4PAE.com.

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